

Health Graded Course of Study

Standard: SOCIAL HEALTH

Grade Level Objectives

- Understand “stranger danger”. (K)
- Know the difference between “good” and “bad” touch. (K)
- Understand that any inappropriate touch needs to be reported to an adult. (1 on)
- Identify the people to contact in an emergency situation. (3 on)
- Identify ways to maintain safety in various environments. (5)
- Know and use necessary safety practices. (HS)

Standard: PHYSICAL HEALTH

Grade Level Objectives

- Recognize the misuse and inappropriate expressions of sexuality. (HS)

Standard: MENTAL / EMOTIONAL HEALTH

- Recognize when adult help is needed to resolve a problem. (1)
- Identify some situations that could cause physical or emotional harm and list strategies to avoid them. (2)
- Identify refusal skills. (HS)

Family and Consumer Science

Standard: Strengthening families and empowering individuals to take action for the well-being of self and others.

General Objective: Personal development/practical living

Grade Level Objectives

- Identify ways to enhance self-esteem. (9-12)
- Form healthy, caring relationships with peers and family. (9-12)
- Choose ways to express sexuality responsibly. (9-12)

General Objective: Parenting/child development

Grade Level Objective

- Recognize positive parent-child relationships

The Parent, Parish and School Partnership

Although parishes and schools provide instruction through the Graded Courses of Study regarding personal safety and assault prevention, the Diocese of Columbus supports parents who are the first and primary educators. To that end, in addition to requiring parents participate in the Protecting God’s Children program; parents are provided support in working with their own children. The VIRTUS Resource, “Practical Advice for Parents on Preventing Child Sexual Abuse” is distributed to parents through the parishes and schools.

Curriculum Support

for

“Protecting God’s Children”



Operating standards for all schools in the State of Ohio require that personal safety and assault prevention be taught in grades kindergarten through six.

Operating standards for the Ohio Catholic Schools Accrediting Association have the same requirements.

The Diocese of Columbus implements this requirement through the Religion Graded Course of Study in schools and Parish Schools of Religion. In addition, in Catholic schools objectives in the Graded Courses of Study for Health and Family Consumer Science provide additional opportunities for instruction

Religion Graded Course of Study

Standard: Discover, recognize and identify the development of the Christian person's baptismal call to dignity, relationship and service.

General Objective: Explain that every person is loved by God and is made to the image and likeness of God.

Grade Level Objectives

- Identify that each person is a unique expression of God's love. (K-1)
- Identify feelings as natural and necessary in building relationships with God, others and self (K-1)
- Identify the physical, intellectual and emotional needs of the human person. (5)
- Describe the intrinsic value of human life and list ways that the belief in such value should be lived in the Christian life. (9-12)

General Objective: Demonstrate that a person responds to the love of God by growing in relationship to self, God, others and all creation.

Grade Level Objectives

- Describe that care and respect for one's body and those of others is a response to God's love for us. (K-1)
- Describe that we show our love for God in the way we treat others. (K-1)
- Demonstrate love and respect for self, others and all creation. (1)
- Describe the positive and negative influences groups can have on building relationships. (4)
- Explain that community forms persons. (4)
- Define stereotyping and describe how it exploits individuals and impacts relationships. (4)
- List influences which might hinder the development of a relationship based on Christian ideals. (5)
- Identify prayer and the sacraments as sources of strength, encouragement, and peace in relationships. (6)
- Identify that Christian values and virtues are foundational in forming, building and maintaining relationships. (7)
- List various types of intimacy. (8)
- Describe the importance of intimacy and chastity in all relationships. (8)
- List things in society that dehumanize and abuse persons. (9-12)

Themes in Sexuality Objectives of the Religion Graded Course of Study

Personal Growth and Development

- Person is unique
- Intellectual, physical and emotional needs of the person
- Care and respect for one's body and the body of others
- Love and respect for self and others
- Ways that society dehumanizes and abuses persons
- Ways that people suffer from discrimination and inequality
- Using power and authority as gifts from God in building up the Kingdom of God

Life

- Elements in the culture that contribute to a culture of life and culture of death

Community

- Ways that a community forms persons
- Role of the community of faith in Catholic moral formation

Relationships

- Role of feelings in relationships
- Positive/negative influence of groups in building relationships
- Impact of stereotyping on the building of relationships
- Skills in building relationships
- Prayer and sacraments as a source of encouragement, peace and strength in relationships
- Christian values and virtues foundational in building relationships
- Types of intimacy
- Intimacy and chastity in relationships
- Showing love of God by the way we treat others